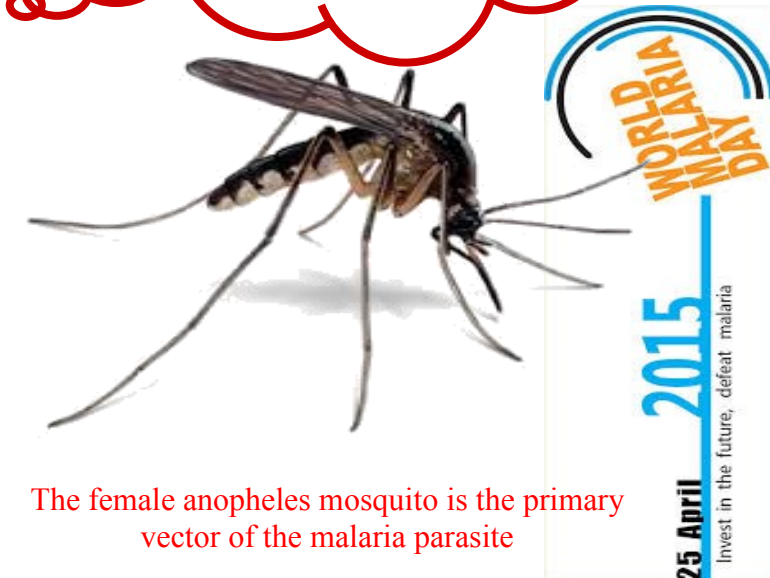


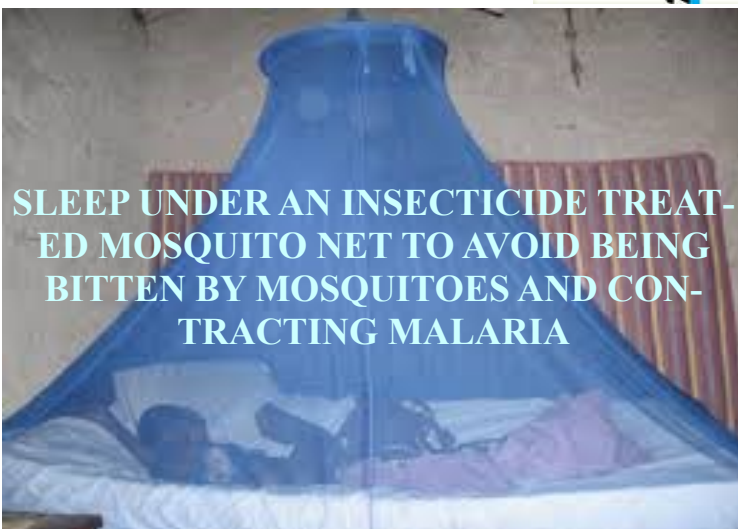
Health Bubble

CHAMP –SHARING TOMORROWS QUALITY HEALTH TODAY

MALARIA



The female anopheles mosquito is the primary vector of the malaria parasite



Malaria kills over 1,000,000 people every year and yet it is a **PREVENTABLE** and **CURABLE** disease

WHAT IS MALARIA?

Malaria is a disease caused by a parasite called plasmodium.

Malaria causes symptoms that typically include

- Fever
- Fatigue
- Vomiting
- Headache

In severe cases it may cause **yellow skin, seizures, coma** and even **DEATH..**

The disease is transmitted by the biting of mosquitoes, and the symptoms usually begin ten to fifteen days after being bitten.

In those who have not been properly treated the disease may recur.

TREATMENT OF MALARIA

Malaria is treated with an antiparasitic drug.

Here in Zambia uncomplicated malaria is treated with Coartem, which is a drug made of 2 different antiparasitic agents .

If found with severe or complicated malaria people may still be treated with Quinine in a health facility.

PREVENTION OF MALARIA

- The best way to prevent malaria is keep your surroundings clean and avoid having stagnant water in the areas where you live and work.
- Sleep under an insecticide treated mosquito net
- Take your antimalaria medication correctly
- Complete your course of antimalarial drugs
- Take prophylactic antimalarial medication before going to an area know to have endemic malaria



*Coartem should be taken with food

www.champzambia.org